



Press Release

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Contact: Sac Metro Air District Media Line (279) 207-1122 ext 4411
 Sacramento County Public Health (916) 642-5508

Wildfire Smoke Expected to Impact Sacramento County Starting Friday Residents Urged to Avoid Exposure to Fine Particle Air Pollution

Starting Friday, Sacramento County will experience particulate matter pollution levels in the Unhealthy for Sensitive Groups category due to smoke impacts from fires burning to the north. The Sacramento Metropolitan Air Quality Management District and Sacramento County Public Health are advising residents to take precautions and avoid outdoor activities if they smell smoke.

Northerly and northwesterly winds will transport smoke from the fire complexes in northwestern California into the Sacramento region. While a wind shift Saturday night may provide some relief, the clean-out will be slow and better air quality is not expected until Sunday afternoon.

If you smell or see smoke, individuals should take the following actions to protect their health:

- Minimize outdoor activities if you see or smell smoke
- Children, the elderly and people with respiratory or heart conditions should be particularly careful to avoid exposure
- Stay indoors with doors and windows closed as much as possible
- Use your air conditioner set to re-circulating indoor air mode
- Those with asthma should follow their asthma management plan
- Contact your doctor if you have symptoms of cough, shortness of breath, or other symptoms you believe to be caused by smoke
- Those with heart disease should especially limit their smoke exposure due to increased risk of heart attacks

For more information including maps and real-time data, please visit www.AirQuality.org and click on the Wildfire Smoke Information icon.

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777 12th Street, Ste. 300 • Sacramento, CA 95814

Tel: 279-207-1122 • Toll Free: 800-880-9025

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