

Sacramento Metropolitan Air Quality Management District

Resolution No. _____

WHEREAS, the Sacramento Metropolitan Air Quality Management District has recognized the need to implement The Health & Wellness program (Program) to the organization; and

WHEREAS, the Program will improve the health, well-being, stress-resistance, productivity, and motivation level of the District's employees; and

WHEREAS, the Program will encourage healthy lifestyle activities, potentially resulting in reduced health care costs and absenteeism;

THEREFORE BE IT RESOLVED AND ORDERED that the Air Pollution Control Officer is hereby authorized to develop and implement the Health & Wellness Program, promoting health conscious decisions.

ON A MOTION by Director _____, seconded by Director _____, the foregoing Resolution was passed and adopted by the Board of Directors of the Sacramento Metropolitan Air Quality Management District this 27th day of January, 2005, by the following vote, to wit:

AYES: Directors
NOES: Directors
ABSENT: Directors

Chairperson, Board of Directors
Sacramento Metropolitan Air
Quality Management District

(SEAL)

ATTEST: _____
Clerk of the Board of Directors