



News Release

FOR IMMEDIATE RELEASE

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279-207-1122 ext. 4411

Sacramento County Residential Wood-Burning Restrictions Begin Nov. 1

SACRAMENTO, Calif. – The Sac Metro Air District will launch its Check Before You Burn season on November 1. The program, which continues through the end of February, requires residents and businesses in Sacramento County, including those in the cities of Citrus Heights, Elk Grove, Folsom, Galt, Isleton, Rancho Cordova, and Sacramento, to check the daily burn status before using a wood-burning fireplace or other wood-burning device.

When fine particle pollution (PM2.5) is forecast to be high the Sac Metro Air District restricts burning of solid fuels—including wood, pellets and manufactured fire logs. This law helps reduce the harmful health effects of air pollution caused by wood smoke. Wood burning in the winter is responsible for more than 50 percent of the fine particle pollution in Sacramento County. Wood smoke, much like wildfire smoke, contains tiny toxic particles that, when inhaled, can enter the bloodstream, presenting serious health risks. Children, older adults, and anyone with a pre-existing heart or lung condition are especially vulnerable. Exposure to wood smoke can increase the risk of asthma, heart attack, stroke, and other health issues.

Three easy ways to Check Before You Burn:

1. View the daily burn status at www.AirQuality.org/CBYB.
2. Follow @AQMD on X (Formerly Twitter).
3. Call the burn status hotline at 1-877-NO-BURN-5 (1-877-662-8765).

If you see or smell smoke on a day when burning is prohibited, please file an air quality complaint by visiting the Sac Metro Air District's [complaint webpage](#), or calling 279-207-1122 ext. 11. First-time violations will result in a \$50 fine or the option to complete a wood smoke awareness exam. Subsequent violations will receive higher penalties.

For more information, visit Sac Metro Air District's [Check Before You Burn webpage](#).

About Sac Metro Air District

The Sac Metro Air District is the leading regional agency responsible for monitoring air quality, reducing air and climate pollution, enforcing air quality regulations, and promoting decarbonization efforts. As a public health agency, the District also is focused on the region meeting the National Ambient Air Quality Standards. For more information about the Sac Metro Air District, please visit www.AirQuality.org.

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