



August 3, 2018

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Smoke and Smog Expected Through Weekend

Sacramento, CA – The Sacramento Metropolitan Air Quality Management District is advising residents that smoke from wildfires burning outside the county and high concentrations of ozone pollution are expected to continue through at least Sunday, August 5.

A Spare The Air alert is in effect through Sunday, August 5, due to high forecasted levels of ground-level ozone, also known as smog. Residents are asked to drive less to reduce air pollution when Spare The Air is in effect.

In addition, smoke from multiple wildfires burning in Northern California continues to impact Sacramento County. The worst smoke impacts are expected between noon and 5 p.m. each day.

“The District provides many tools so residents can be aware of smoke exposure. We hope they utilize these tools to protect their health and the health of their families,” said Alberto Ayala, Sac Metro Air District’s Executive Officer.

The public can access and receive real-time air quality readings by:

- Visiting SpareTheAir.com
- Downloading the Sacramento Region Air Quality App
- Signing-up for Air Alert email notifications at SpareTheAir.com

The District works in collaboration with the Sacramento County Department of Public Health and recommends the following precautions:

- Minimize or eliminate outdoor activities when you can see or smell smoke
- Children, the elderly and people with respiratory or heart conditions should be particularly careful to avoid exposure when air quality is poor
- Stay indoors with doors and windows closed as much as possible
- Asthmatics should follow their asthma management plan
- Those with heart disease should especially limit their exposure since particulate pollution from smoke can increase the risk of heart attacks

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